



SCAN TO WATCH VIDEO

Am I Too Young for Joint Replacement?

Age has traditionally been considered a reason to delay joint replacement. Modern implant longevity data challenges this view. With revision surgery well-established as a safe and effective option, withholding a procedure from a young, active, and suffering patient is no longer justified on the basis of age alone. Quality of life today matters — not just implant survival statistics.

THE TECHNIQUE

01 Implant Longevity Data

Registry data shows 20-year survival rates above 90% for modern implants.

02 Young Patient Outcomes

Active patients under 60 achieve excellent functional results.

03 Revision Is Possible

If revision is ever needed, outcomes remain good with modern techniques.

04 Quality of Life Priority

Years of suffering should not be traded for speculative longevity gain.

AT A GLANCE

AGE

Not a Barrier

LONGEVITY

20+ Years Data

REVISION

Safe & Effective

FOCUS

Quality of Life

"Age is a number.

Quality of life is everything."

— Dr Chien-Wen Liew

FREQUENTLY ASKED QUESTIONS

Q. At what age is joint replacement appropriate?

When symptoms meaningfully affect daily life and conservative measures have failed — age alone is not the deciding factor.

Q. Will the implant last my lifetime?

Registry data shows over 90% of modern implants functioning at 20 years. Revision, if needed, is a well-established procedure.

Q. Does being young and active accelerate implant wear?

More active patients do place higher demands on their implant, which is carefully discussed when planning implant selection.

ABOUT THE SURGEON

Dr Chien-Wen Liew exclusively performs total hip replacements via the direct anterior approach and total knee replacements via kinematic alignment only. He utilises patient-specific technology for both procedures, and practices from Orthopaedics 360 — within the Eastwood Private Hospital Precinct.

Dr Chien-Wen Liew

Hip and Knee Replacement Surgeon

Orthopaedics 360 · Eastwood Private Hospital, Adelaide SA

General educational purposes only. AHPRA Registered Specialist.