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# FAQs: Total Hip Replacement Surgery

Preparing for a total hip replacement raises many questions. This summary addresses the most common ones — from the day of surgery through to long-term recovery. Understanding what to expect at each stage helps patients approach their procedure with confidence. If you have questions not covered here, the Orthopaedics 360 team is always available to help.

## THE TECHNIQUE

### 01 Surgery & Anaesthetic

Most patients have spinal anaesthetic; general anaesthetic also available.

### 02 Early Recovery

Walking with assistance on day of surgery; home within 2–3 days.

### 03 Wound Care

Waterproof dressing applied; showering permitted from day one.

### 04 Blood Clot Prevention

Compression stockings for 2 weeks; blood thinners typically for 4 weeks post-op.

## AT A GLANCE

### ANAESTHETIC

Spinal or General

### HOME

2–3 Days Post-Op

### DRESSING

Waterproof

### CLOT PREV.

4 Weeks

“Every question matters  
before your surgery.”

— Dr Chien-Wen Liew

## FREQUENTLY ASKED QUESTIONS

### Q. How long will I be in hospital?

Most patients return home 2–3 days after surgery. Same-day discharge is possible for selected patients under the rapid recovery protocol.

### Q. When can I drive after hip replacement?

Driving is typically resumed at 4–6 weeks, once you are off strong analgesia and have been cleared by Dr Liew at your follow-up appointment.

### Q. When do I see Dr Liew after surgery?

A follow-up appointment is scheduled at 2 weeks for wound review, then at 3 months, and then as required post-operatively.

## ABOUT THE SURGEON

Dr Chien-Wen Liew exclusively performs total hip replacements via the direct anterior approach and total knee replacements via kinematic alignment only. He utilises patient-specific technology for both procedures, and practices from Orthopaedics 360 — within the Eastwood Private Hospital Precinct.

Dr Chien-Wen Liew

Hip and Knee Replacement Surgeon

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