ORTHOPAEDICS 360

drchienwenliew.com.au

(08) 7077 0158

Hip & Shoulder Replacement

SCAN TO WATCH VIDEO

Hip and shoulder replacements share more in common than most patients expect. Both procedures replace damaged articular surfaces with precision-engineered prostheses, both aim to eliminate pain and restore function, and both have seen dramatic improvements in outcomes over recent decades. Understanding the similarities — and the key differences — helps put both procedures in perspective.

THE TECHNIQUE

01 Shared Principles
Both replace damaged joint surfaces to eliminate pain and restore motion.

02 Hip: Direct Anterior
Dr Liew uses the muscle-sparing direct anterior approach exclusively.

03 Shoulder: Deltopectoral
The standard approach for total shoulder replacement.

04 Recovery Pathway
Both require structured physiotherapy for full functional recovery.

AT A GLANCE

HIP	Direct Anterior
SHOULDER	Deltopectoral
RECOVERY	Physio-Led
OUTCOME	Pain-Free Motion

> "Both joints — one goal:
> pain-free movement."
> — Dr Chien-Wen Liew

FREQUENTLY ASKED QUESTIONS

Q. Can hip and shoulder replacements be done at the same time?
This would be unusual. Each procedure is approached separately, with timing based on individual clinical need and patient readiness.

Q. Which surgery has a longer recovery — hip or shoulder?
Shoulder replacement typically requires longer upper limb rehabilitation. Hip replacement allows earlier weight-bearing and independent mobility.

Q. Are the implants made of the same materials?
Both use cobalt chrome and titanium alloys. Bearing surfaces differ — hip uses ceramic on ceramic, shoulder uses metal-on-polyethylene.

ABOUT THE SURGEON

Dr Chien-Wen Liew exclusively performs total hip replacements via the direct anterior approach and total knee replacements via kinematic alignment only. He utilises patient-specific technology for both procedures, and practices from Orthopaedics 360 — within the Eastwood Private Hospital Precinct.

Dr Chien-Wen Liew

Hip and Knee Replacement Surgeon

Orthopaedics 360 · Eastwood Private Hospital, Adelaide SA

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