



SCAN TO WATCH VIDEO

Surgery Day — What to Expect

Knowing what to expect on the day of your hip or knee replacement removes anxiety and helps you prepare. From arrival at Eastwood Private Hospital to walking in the recovery ward, the entire experience is carefully coordinated to ensure your comfort, safety, and the best possible surgical outcome. Most patients are surprised at how smooth and well-organised the day feels.

THE TECHNIQUE

01 Pre-Operative Preparation

Admission, nursing assessment, anaesthetic review, and marking.

02 Anaesthesia

Spinal anaesthetic with sedation is the preferred choice.

03 The Procedure

The operation takes 60–90 minutes under sterile conditions.

04 Recovery & Mobilisation

Physio-assisted walking typically begins the same evening.

AT A GLANCE

DURATION

60–90 Minutes

ANAESTHESIA

Spinal + Sedation

WALKING

Same Day

STAY

2–3 Nights

“The day is carefully planned.

Your comfort and safety come first.”

— Dr Chien-Wen Liew

FREQUENTLY ASKED QUESTIONS

Q. Can I eat before surgery?

You will fast from solid food for 6 hours and clear fluids for 2 hours prior. The team will advise on exact timing at pre-admission.

Q. Will I be awake during the operation?

A spinal anaesthetic numbs from the waist down. Sedation keeps you comfortable and largely unaware — most patients have no memory of the procedure.

Q. When will I start physiotherapy?

The physiotherapist will visit on the day of surgery or the morning after. Walking begins immediately — this is critical for recovery.

ABOUT THE SURGEON

Dr Chien-Wen Liew exclusively performs total hip replacements via the direct anterior approach and total knee replacements via kinematic alignment only. He utilises patient-specific technology for both procedures, and practices from Orthopaedics 360 — within the Eastwood Private Hospital Precinct.

Dr Chien-Wen Liew

Hip and Knee Replacement Surgeon

Orthopaedics 360 · Eastwood Private Hospital, Adelaide SA

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